



Domestic Violence Association of Central Kansas

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DVACK Newsletter May 2016

Cloud County Community College (CCCC) and DVACK are joining forces! After a collaborative screening on April 20 of *The Hunting Ground*, a documentary film about the incidence of sexual assault on U.S. college campuses and the failure of college administrators to adequately respond, CCCC announced to students that DVACK will be on campus every week to answer questions, provide supportive counseling, and offer resources and information. The college is committed to its students and wants to listen to their needs and offer DVACK's services as an additional resource. Several CCCC professors have offered to share their space with DVACK advocates. DVACK is excited for its larger presence on the campus!



A table commemorating the **NO More** Campaign and Sexual Assault Awareness Month was set up outside the theatre at CCCC where teal frosted donuts were a hit! A student who approached the table is excited about the movement to end sexual and domestic violence and will begin sharing PSAs on the campus radio station. Professors told advocates they will include material from *The Hunting Ground* in their curriculum to continue the conversation.

There's still time to sign up for DVACK's 13th annual Charity Golf Classic! Payment and entry are due May 9, 2016. Call DVACK for more information.



Sponsorships

Corporate: \$5,000

Includes 2 4-Person Teams

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Gold Sponsor: \$750

Includes 4-Person Team

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Hole Sponsor: \$175

SIGN ON A SPONSORED TEE/GREEN | ACKNOWLEDGEMENT AT AWARDS CEREMONY

Cart Sponsor: \$100

SIGN ON CART | ACKNOWLEDGEMENT AT AWARDS CEREMONY

Thank you for your support!

The Greater Salina Community Foundation (GSCF) awarded DVACK a grant to replace its broken chairlift to better enable DVACK to serve all victims of abuse, no matter their abilities. GSCF board member Martha Rhea presented a check on April 18 to DVACK Executive Director Andrea Quill.

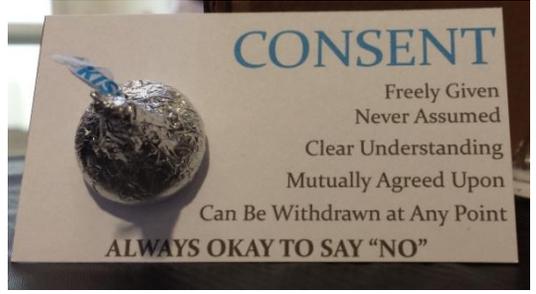
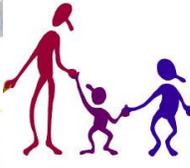


Registration: 8:30 am | Shotgun Start: 9:30 am | Cost: \$125 Per Person
18-HOLE GREEN FEES | CART | LUNCH BUFFET | COURSE BEVERAGES | PRIZES

Sexual Assault Awareness Month

During the month of April, DVACK advocates engaged the community with various Sexual Assault Awareness Month (SAAM) activities. The month began with Saline and Dickinson Counties proclaiming April as SAAM.

Throughout the month, advocates held booths at Kansas Wesleyan University, K-State Polytechnic, Cloud County Community College, and Tescott & Minneapolis High Schools where students and faculty were “sexucated” on consent, spun the “Wheel of Consent,” and received a Hershey’s kiss and SAAM information at a consensual kissing booth. Social service professionals played “Walking the Walk” to experience some of the barriers victims face in surviving and accessing legal help after victimization. The month ended with a stellar survivor empowerment event, Take Back the Mic, where survivors of sexual violence and child abuse and their allies shared poems, songs, and stories at Ad Astra Books & Coffeehouse.



The Walk through DVACK from One Woman's Perspective

I was born into an abusive environment
At a young age my innocence was thrown away like yesterday's news
The circumstances were so horrific that I buried the memories deep within my subconscious
The imprint of abuse would follow me throughout my life
How could it not?
The memories would become a subject of avoidance for me
Years past and I was in a dysfunctional marriage
Abuse crept in so easily
I said something wrong and my husband sucker punched me
All I saw was stars
I woke up to a mouth full of blood and my daughter trying to wake me
I went through the formality of divorce
Abuse was not going to become how my children were brought up
There stood abuse—still a subject of avoidance for me
My life was devoted to raising my children alone
My maternal instincts kicked in and they were all that mattered
At last my two beautiful children had grown
Each with such diversity
A daughter fiercely independent with a strong integrity
A son who's wiser than his age
Both have a compassion for humanity
To me their beauty is so transparent that I can't help but smile and know they've grown into amazing people
Now my nest is empty
I found myself back in a situation of abuse
My world would come crashing down around me
Shame kept me from reaching out
I felt like a little girl who was alone in a world that could be so cruel
I was as fragile as an autumn leaf that falls without a sound
Physical, sexual, and verbal abuse had stripped me of every layer of my being
Someone heard me fall to my knees and cry for my sanity
Was it God or was it humanity?
Either way, there was a hand to help me up
I had suffered and now it was time to face the cycle and effects of abuse that haunted me throughout life
The tables were starting to change
I accepted I did nothing to deserve any type of abuse
For so long I lived for approval for what I wore and how I looked
I took care of everything and everyone
Church had taught me I was here to serve others and God didn't like selfish people whose thoughts were of themselves
Words are so hard to find to convey my gratitude to DVACK and all the women that work there
It takes someone wise to hire females with compassion, direction, and a goal of empowering each person who walks through
the doors of DVACK
Just know that you've given me a strong foundation
Instead of looking for approval from other people, I now approve of me
I have the courage to live life again
You took my weakness and turned it into my greatest strength
I will always be so grateful
Sincerely,
Fran

TAKE BACK THE MIC



The Bargain Basket

May Special!!

**30% off All
Spring/Summer Clothing
& Shoes**

- .Shorts
- .Tank Tops
- .Sandals
- .Sun Dresses



Check out
our new
prices!!

201 S Santa Fe — All Proceeds go to DVACK

Hours: Monday—Thursday 9am-5pm

Friday 10am—3:30pm

Open the 1st Saturday of each month! (May 7)