



July Newsletter 2020

DVACK

HOPE • EMPOWER • HEAL

Supporting survivors of domestic and sexual violence, stalking, teen dating violence, elder abuse and human trafficking

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785-243-4349

www.DVACK.org



Click on the icons to follow us!

Through darkness comes light...

Thank you to all who have donated during this difficult time.



The Greater Salina Community Foundation awarded DVACK \$7,500 for relief from COVID-19.

This grant will assist with shoring up the funds needed to offset the loss in revenue from cancelling one of our fundraising events. Furthermore, the grant will address the unforeseen additional expenses incurred related to COVID-19, such as the purchase of personal protect equipment (PPE) and sanitizing supplies for both staff and shelter clients, as well as the necessary equipment and software to maintain operations remotely via virtual client support groups, meetings and teleconferences.

Salina Area United Way's COVID-19 Relief Funds provides direct services to those affected by coronavirus.



DVACK was awarded \$5,000 to assist victims of domestic violence and sexual assault with hotel vouchers, toiletries, and household cleaning supplies.



Thank you to our local Lowe's for donating 500 N95 masks to support efforts to prevent the spread of COVID-19.

Oppression & Abuse

As an organization committed to dismantling oppression and ending abuse, DVACK understands that domestic violence and sexual assault are rooted in oppression and racism. We cannot end abuse without ending racism, because racism, itself, is abuse.

People of color are disproportionately impacted by domestic and sexual violence, according to the [Centers for Disease Control and Prevention](#). More than 20% of Black women are raped during their lifetimes, a higher rate than women overall. Black women also experience significantly higher rates of psychological abuse—including insults, humiliation, and coercive control—than do women of other races.

Violence against people of color has historical roots that affect us today. [Dr. Carolyn West](#), a psychologist and researcher on the negative psychological impact of media images on Black women, explains, "For most of our country's history, African Americans were not people; they were property. For most of our country's history, sexual assault was not a crime against African American women." Dr. West reports at least 58% of enslaved Black women were raped by white men. This abuse did not end after slavery was eradicated. In fact, the 1960s Civil Rights Movement birthed from Black women protesting the sexual terrorism inflicted by white men. [Danielle McGuire](#) outlines this in her book, "At the Dark End of the Street: Black Women, Rape, and Resistance—A New History of the Civil Rights Movement from Rosa Parks to the Rise of Black Power."

Sexual exploitation, abuse, and discrimination continue to rob the humanity and freedom of people of color. Today and every day, DVACK stands with and believes survivors of color and denounces racism.

COVID-19 UPDATE

At this time, DVACK's outreach services remain over the phone and video. Our shelter is available for those in imminent danger. Thank you for your patience while we install PPE and sanitizing equipment in our facility.



Angela has been a blessing and is a fantastic co-worker!

*-Andrew Lagerman,
Victim Advocate*



DVACK Support Groups Offered Online

During COVID-19, join DVACK for support groups via Zoom. To receive the Zoom link, please call our office or email the below advocates.

Tuesdays, 5:30-7:00 P.M. – Domestic Violence Support Group

abbyh@dvack.org

Wednesdays, 3:00-4:00 P.M. – Teen Support Group (ages 10-19)

courtneyt@dvack.org

Thursdays, 5:30-7:00 P.M. – Survivors of Sexual Assault Support Group

sheilab@dvack.org

Meet DVACK's Shelter Advocate, Angela White!

Angela is a new member to the DVACK family who started last December. Before working at DVACK, she served the community at the Salina Regional Health Center as a CNA/telesitter/courier. Angela holds the Shelter Advocate title and greatly enjoys working at DVACK. For her, working here is very personal because back in the 90's she utilized DVACK's services. DVACK helped her out greatly during her time of need and since then she has wanted to help others in the same way. Upon working here, Angela was amazed to discover the resources DVACK and the community has to offer, many of which were not around when she stayed with DVACK. She would like to urge those in need to not be afraid of working with organizations that are here to help. She hopes to live the rest of her working life here at DVACK, making shelter a safe place, as it was for her.

DVACK Donation Needs

Hygiene:

- Shampoo
- Conditioner
- Hair Brushes
- Body Wash
- Toilet Paper
- Deodorant
- Tooth Paste
- Tooth Brushes

Household:

- Dish Soap
- Laundry Soap
- Cleaning Products
- New Pillows
- Towels
- Ear Plugs
- Head Phones
- Journals

Clothing:

- Socks
- Underwear
- Sports Bras
- XL+ T-shirts
- Sweat Pants
- Flip Flops
- Non-slip Shoes
- Purses

Food:

- Packaged Food
- Individual Packaged Snacks
- Bottled Water
- Coffee
- Juice
- Milk
- Produce