



December Newsletter 2020

HOPE • EMPOWER • HEAL

Supporting survivors of domestic and sexual violence, stalking, teen dating violence, elder abuse and human trafficking

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Click on the icons to follow us!

Thank you to the 264 bikers who participated in this year's Toy Run! Because of your generosity--despite a pandemic--the families we serve will receive gifts this Christmas! We are still in need of toys/activities for teenagers!



Thank you to the Saline County Medical Society for a generous donation of hygiene, cleaning, and personal care items for our clients!



DVACK advocate Courtney Train poses after *Glow Against Domestic Violence* yoga.



Meet DVACK's Night/Weekend Residential Advocate, Chelsolyn Larsen!

With a background in customer service, Chelsolyn knows how to connect with people! Chelsolyn began her journey with DVACK July 1 of this year, and she has come to love advocacy. Most days, she finds herself talking with and helping clients and playing with kids in DVACK's shelter. She is a huge proponent of play and laughter, knowing that a good laugh helps everybody. After a client has expressed how they're feeling and still appears down, Chelsolyn tries to use her bubbly personality to comfort and help the client find positivity and escape from heavy, drowning thoughts. One of the biggest lessons she has learned is that not every survivor will have the same story, goals, or outlook. Finding how to be supportive in ways that fit each client's needs is part of the challenge and joy. Chelsolyn believes she does best when she simply sits with the client and listens as they release pain. Clients have found much comfort in knowing that someone else wants to hear what they are going through. Chelsolyn wants others to know that just because a person is a victim does not mean they want to be treated as such; they don't want the daily reminder that they have been abused. DVACK helps those we can to the best of our ability. Even if you don't think you need DVACK's services, Chelsolyn feels it is helpful to be assured that support is out there and there are others who are willing to stand behind or with you on your courageous journey.

