



Supporting survivors of domestic and sexual violence, stalking, teen dating violence, elder abuse and human trafficking

March Newsletter 2021

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Concordia Office
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www.DVACK.org



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greater salina community foundation

Thursday, March 25, 7 AM – 7 PM
Salina Fieldhouse, 140 N 5th St

Donations to DVACK during the Greater Salina Community Foundation's 10th annual Match Madness event will be matched up to 50%! Donate in-person at the Salina Fieldhouse and enjoy food trucks from 11 a.m. to 2 p.m. Otherwise, donations can be made online at www.matchmadnessgscf.org from midnight to 11:59 p.m. on March 25 or mailed to GSCF, PO Box 2876, Salina, KS 67402-2876.

Meet DVACK's Facility Coordinator, Cai Calvert!



As Facility Coordinator, Cai maintains DVACK's facilities, helping with repairs, cleaning, and clients. Cai spent his first year at DVACK as a Night Residential Advocate and enjoyed talking with clients about their day and struggles. Deeper conversations tend to emerge at nighttime, which allowed Cai to form meaningful connections and support clients through their process of grief, transition, and healing. Cai enjoys how every day at DVACK is different, and even though he is not working as often with clients, he looks forward to serving survivors any way that he can.

Before DVACK, Cai worked as a baseball umpire, which, surprisingly, helped prepare him for handling some of the tense situations DVACK may encounter—yelling and heckling parents build a thick skin! Long-term, Cai hopes to enter the real estate industry and knows that his experience at DVACK will improve his professional skills and ability to communicate with future clients. For now, Cai is thrilled to work with an amazing staff at DVACK and wants the community to know that DVACK is a resource for survivors, helping survivors move through a dark time in their lives and offering a variety of supportive activities and groups. From working at DVACK, Cai has learned that even though he is young and new to social services, he has still been able to make an impact and help change people's lives.

Donation Needs: Towels, Laundry & Dish Soap, Sweatpants, T-shirts, Socks, Underwear (all sizes)

AMEÉ QUIRICONI

AUTHOR | SPEAKER | PODCASTER

April 5 · KWU Sams Chapel + Livestream:

5:00 PM - From Broken to Fearless: Trauma-Informed Self-Discovery & Recovery from Abuse.

6:30 PM - The Real Reasons Businesses Fail:
A Trauma-Informed Understanding of
Success in Business



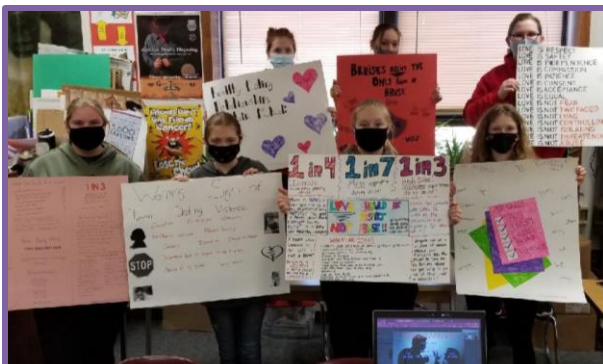
Kansas Wesleyan University and DVACK are thrilled to host guest speaker Ameé Quiriconi on Monday, April 5!

Ameé is a Salina native and graduate from Kansas State University (Architectural Engineering, '95). She moved to Seattle following her graduation and began a career in the building construction industry. When Seattle became one of the first cities in the United States to adopt sustainable building practices, she returned to school to obtain her master's in Environment & Community from Antioch University-Seattle. While finishing up her degree in 2002, she wrote an economics paper that would turn into her first venture in entrepreneurship: the invention and manufacture of a recycled-building material called Squak Mountain Stone.

Today, Ameé is a seasoned entrepreneur and businesswoman with nearly 20 years at the helm of many organizations, from small home-based businesses to multi-million-dollar companies. Her professional career now spans a variety of industries such as construction & architecture, green building, manufacturing, government consulting, real estate, agritourism, and healthcare. She has been featured in *Popular Mechanics* and other national publications, as well as several television appearances such as *Rescue Renovation* and *House Crashers*. In 2017, Ameé started her consulting business, Activity Girl, as a one-woman agency to tap into her wide-ranging skills and abilities and provide marketing and business development consulting services for small businesses and solopreneurs.

Following the end of an abusive personal and professional relationship in 2018, she started podcasting about mental health, parenting, and self-improvement on her show, *One Broken Mom*. By 2019, noting the overlap of her own troubled and complicated past with her successes and failures in business, she began to steer her personal and professional goals toward the integration of trauma-informed practices into entrepreneurship and leadership. She's written two business books, including her most recent, *The Fearless Woman's Guide to Starting a Business: What Every Woman Needs to Know to Be a Courageous, Authentic, and Unstoppable Entrepreneur*, which releases on April 13.

Now with her study in the fields of neuroscience, psychology, and self-improvement, she brings a thought-provoking harmony of practical business strategies with the underlying drives that affect people and their success. Learn more about Ameé and her works at www.ameequiriconi.com and www.activitygirl-llc.com.



Students in Ell-Saline High School's Family Studies class created awareness posters for Teen Dating Violence Awareness Month.

