



DVACK Newsletter October 2021

HOPE • EMPOWER • HEAL

Supporting survivors of domestic and sexual violence, stalking, teen dating violence, elder abuse and human trafficking

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[www.DVACK.org](http://www.DVACK.org)



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OCTOBER IS

# DOMESTIC VIOLENCE AWARENESS MONTH

Join us



## Candlelight Vigil

Monday, October 18, 8:15 P.M.

@ Kansas Wesleyan University  
United Methodist Church



## Glow Yoga

Tuesday, October 19, 8:30 P.M.

@ Student Activities Center  
Kansas Wesleyan University

Relax. Renew. Restore.



## Speak Night

Friday, October 22, 7-9 P.M.

@ Ad Astra Books & Coffee



Hear community members read poetry and speak out against bullying from 7-8p. and domestic violence from 8-9p.

## Meet the Advocate, Rachel Larson!



As the new Weekend Shelter Supervisor, Rachel supervises weekend shelter activities. Rachel is a licensed secondary Spanish teacher and teaches Spanish remotely to classrooms across the United States. She taught three years in public high schools while earning a Master's of Spanish Education from Emporia State University. Rachel also lived and worked as an English-as-a-Second-Language (ESL) Teacher in Spain, Peru, and New York. Her work in advocacy began during her role as an ESL teacher and, later, a relief worker for Hurricane Sandy. She has also worked in the telehealth industry with Medicare and Medtronic contracts. Rachel is an artist and a 200-hour certified yoga teacher through A Work in Progress Yoga Studio. In her spare time, she enjoys the outdoors, cooking, and exploring with her second grader, Ayla.