



DVACK YARD SALE

Attached are photos from our first ever DVACK Yard Sale! We saw many members of the community and have plans for more specials and events with our Bargain Basket Thrift Store. You can follow the Bargain Basket's Facebook Page to follow along with events. Click this [link](#) or find us on Facebook.



JOIN OUR TEAM

DVACK is currently hiring for multiple full-time and part-time positions. To learn more about these positions, you can find the listings on [indeed.com](https://www.indeed.com) or click this [link](#). You can also submit a resume and cover letter to sarahb@dvack.org.



WE
ARE
HIRING



CURRENT NEEDS

While we have a list of our most commonly provided donations for survivors available on our website ([link](#)), here are more pressing current needs: baby wipes, size 5 diapers (other sizes also accepted), brushes (not combs), tampons (all sizes), shampoo, conditioner, body wash, notebooks, journals, planners, socks and underwear (all sizes, genders and ages), and bras (all sizes).

HOW TO HELP A SURVIVOR

At DVACK, we often get questions from people in the community like, "How can I help my friend or someone I know that is experiencing domestic violence?" Or statements like, "I would love to help but I don't want to say the wrong thing!" Both of these show a desire to help others going through a very difficult situation.

Luckily, the Kansas Coalition Against Sexual & Domestic Violence puts out many resources for not only survivors, but also community members.

You can come into our office to get some of their brochures to educate yourself, or, to see a list of the brochures and publications, you can click this [link](#). You can also visit their website at kcsdv.org.

Below is a snippet of one of their publications titled: *How To Support Victims and Survivors of Domestic Violence* ([link](#)).

[What is Domestic Violence?](#)

Domestic violence is a pattern of abusive behavior that is used by one intimate partner to gain dominance, power, and control over the other partner. It includes the use of illegal behaviors (like physical or sexual violence), and legal behaviors (like controlling what the victim does or playing mind games to make the victim think they are crazy).

Domestic violence affects the victim's sense of self, free will, and safety. It also affects the victim's health, financial independence, and relationships with other people including their children. Living in fear is emotionally and physically harmful and batterers (people who use domestic violence) are solely responsible for their behavior.

[Your Support Matters](#)

It can be difficult to learn that someone you care about is being physically or emotionally abused. If someone you know is a victim of domestic violence, your support can be an important part of their safety and healing. While leaving the relationship may seem like the answer for stopping the abuse, the reality is that leaving can be the most dangerous time for victims and their children. Domestic violence is about domination, power, and control. If a batterer feels like they are losing control because the victim leaves the relationship, they may increase their use of violence or force. Contact your local domestic and sexual violence program to learn about safety planning (see Advocate Response)...

[Getting Started](#)

The hardest part in talking about domestic violence with someone you care about is getting started. They may want to share their story or they may not. If they do share, listen carefully. Do not interrupt and do not blame. Do not let your facial expressions or body language show doubt or judgment. Your support and belief in them may be critical to their safety and healing. Keep their story private because telling others can put them and their children in danger. Remember: If someone you care about refuses to talk to you, they have reasons. Share your concerns. Remind them that emotional, physical, and sexual abuse are wrong and that they deserve to be safe.

Let them know that you will be ready to provide support when they need it.

[Starting the Conversation](#)

Seek out a private, quiet place to begin talking. Allow plenty of time to talk. You may be the first person that they have told about the domestic violence...

To read the rest of this article or any other helpful publications, visit kcsdv.org, or reach out to us at DVACK, (785) 827-5862, and we can provide you with more information. We can also schedule presentations for anyone wanting to learn more about an area that we cover!

